

92Y TO YOUR HEALTH LECTURES

Healthy Hearing, Healthy Life

Craig A. Kasper, AuD



Studies have shown that humans' capacity to hear affects the quality of our relationships and mental health, regulates physiology and can impact stress and income levels. Explore the link between healthy hearing and overall well-being and the effects health issues such as diabetes, hypertension and medication can have on the delicate structures of hearing. Discover new strategies to preserve and improve hearing for life.

**TUE, NOV 17, 6:30 PM,
\$18/\$8 MAY CENTER MEMBERS
T-HL5TH04-01**

Craig A. Kasper, AuD, is the chief audiology officer for Audio Help Associates of Manhattan and the author of The Simple Guide To Optimum Hearing Health For The Mp3 Generation.

**To order tickets visit www.92Y.org/ToYourHealth,
call 212.415.5500 or visit the box office.**

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